



Join local Michigan author, Laurel Elizabeth Hilliker, PhD, for a book reading on **Saturday, May 18, 2024 at 1pm** in the Java Garden at *Lemon Tree Marketplace, 6604 Main St, Caseville, MI* as she highlights the first theme, *Embracing Change*, from her new book: *Grief-Stricken: Stories of Altered Loss in a Pandemic Haze*

The author has roots in the thumb of Michigan as her parents were both born and raised in Huron County. She visited relatives over her formative years, including grandparents, aunts, uncles, and cousins and now resides in Caseville during summer months. *Grief-Stricken*, her first book, was written in Lake Township, after the author and her family experienced multiple losses. Her book is a “Teaching Memoir” that she hopes will help bereaved individuals and others who might want to assist them.

Dr. Hilliker will host a 30-minute session to include questions and answers from attendees with a book signing afterwards. No fee to attend.

Review of the book: *Stories that are shared strengthen our collective humanity. Grief-Stricken serves as a gift of both story and guide; for the bereaved, caregivers, families, and communities. Dr. Hilliker captures the grit of her family members' grief journeys and, at the same time, honors the uniqueness and universality of loss. Her insights shine light onto shadowed landscapes that we are still reckoning to comprehend. She weaves these stories into a diverse tapestry of resiliency and transformation. The lessons learned are portable; to be carried as our touchstones.*

*–L. Burnett, Licensed Clinical Professional Counselor (LCPC), Albuquerque, New Mexico, USA*